

# HOW TO MAKE A *Vision Board Collage*

This exercise is a process of discovery: we're discovering our interests, values and goals, and how different materials can make one image

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Look through paper material for anything that stands out to you, like colors, words, images, or textures

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Carefully cut or tear pieces you like. You might decide not to use all the clippings, and that's okay

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Choose a sturdy backing material. You may start with a big piece and trim it to suit the size of your project later

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Before adhering the pieces, explore how you'd like to arrange them. There are no rules except to have fun and convey your feelings or goals

⑤

When you like the arrangement, begin to adhere the pieces with tape or glue. Consider how you want to layer them so you can adhere the bottom first

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You may change your design as you go. When you've completed the collage, allow any glue to dry overnight

